

# Registration

## Pre-Registration (before Sept. 18):

High school and under - \$15

Adults - \$20

Registration includes breathable t-shirt, Pizza Ranch breakfast pizza, fruit, and juice.

## Late and On-site Registration (after Sept. 18):

Add \$3 to each registration

T-shirt not guaranteed

Registration form attached or visit [www.waverlyia.com](http://www.waverlyia.com)

Click *Leisure Services/Best Dam Run*

Additional breakfasts are available for \$3 each.

### Register by mail:

Waverly Leisure Services

PO Box 616

Waverly, IA 50677

### Drop-Off Location:

Leisure Services Department

Waverly Civic Center

# Packet Pickup

Friday, September 24, 6 - 8 p.m.

Saturday, September 25, 6:45 - 8 a.m.

Waverly Civic Center, 200 1<sup>st</sup> Street NE

# Starting Gate

Waverly Civic Center, 200 1<sup>st</sup> Street NE

# Kids Fun Run

Saturday, September 25, 10 a.m.

Free

Participants will receive a Pizza Ranch kids buffet coupon and a free day pass to The W.

# Questions

[cashmanb1@gmail.com](mailto:cashmanb1@gmail.com)

inflatable

# 6th Annual Best Dam Run

9 a.m. Saturday, September 25, 2010 • Waverly Civic Center

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Email: \_\_\_\_\_

Birth Date: \_\_\_/\_\_\_/\_\_\_      Shirt Size: (check one) S\_\_\_ M\_\_\_ L\_\_\_ XL\_\_\_

Age on Sept. 25, 2010: \_\_\_\_\_ Sex: Male\_\_\_ Female\_\_\_

Event: (check one) 5K walk\_\_\_ 5K run\_\_\_ 8K run\_\_\_

Team Name: \_\_\_\_\_

Entry fees: *Before Sept. 18*      HS and under \$15\_\_\_ Adults \$20\_\_\_

*After Sept. 18*      HS and under \$18\_\_\_ Adults \$23\_\_\_

Additional Breakfast Tickets @ \$3 each: \_\_\_\_\_

Total: \_\_\_\_\_

**Waiver:** In consideration of acceptance of this entry I, intending to be legally bound hereby for myself and administrators, waive and release any and all right and claim for damages I may have or that may hereafter occur to me against all sponsors, contributors, supporters and officials associated with the Best Dam Run, their representatives, successors and assigns for injuries incurred by me during, because of, in travel to or from the Best Dam Run.

Signature (parent or legal guardian if under 18): \_\_\_\_\_

Date: \_\_\_\_\_

**Mail to:** Best Dam Run, Waverly Leisure Services, PO Box 616, Waverly, IA 50677

**Drop off:** Leisure Services Department, Waverly Civic Center, 200 1<sup>st</sup> St. NE

**Make checks payable to Waverly Exchange Club.**

# Awards

## Individuals

\$50 cash award

Top male/female finishers in  
5K and 8K running events

## Teams

\$50 Pizza Ranch Gift Certificate

Top male/top female teams with first five  
runners scoring

Sign up as team before start of race.

## Medals

Top 3 places

male/female finishers in the  
following age groups:

(age on day of race)

14 and under

15-19

20-29

30-39

40-49

50-59

60 and over

**Proceeds from the run  
will benefit local Waverly  
Exchange Club causes  
for the prevention of  
child abuse.**

Waverly Leisure Services  
PO Box 616  
Waverly, IA 50677

Waverly Exchange Club

in conjunction with

Waverly Health Center  
& The W

Present  
the

**6<sup>th</sup> Annual  
Best Dam Run  
5K run/walk,  
8K run  
& breakfast**

Saturday, September 25  
9 a.m.

